



2025 MIAC Men's Cross Country Awards

2025 MIAC Men's Cross Country Athlete of the Year

Name	Institution	Class	Hometown	High School	Previous Selections
Mohammed Bati	Augsburg	Sr.	Dodola, Ethiopia	GAP School	2022 2023 2024

2025 MIAC Men's Cross Country Rookie of the Year

Name	Institution	Class	Hometown	High School
Connor Hitchcock	St. Olaf	Fy.	Sitka, Alaska	Sitka

2025 MIAC Men's Cross Country Coach of the Year

Name	Institution	Previous Selections
Brian Power	St. Olaf	2022 2024

2025 MIAC Men's Cross Country All-Conference

Finish	Name	Institution	Class	Hometown	High School	Previous Honors
1	Mohammed Bati	Augsburg	Sr.	Dodola, Ethiopia	GAP School	2022 2023 2024
2	Kevin Turlington	St. Olaf	Sr.	Rochester, Minn.	Lourdes	2023 2024
3	Gabe Nichols	Carleton	Sr.	Grove City, Pa.	Grove City	2023 2024
4	Cole Stencel	Saint John's	Jr.	Mapleton, Minn.	Maple River	--
5	Jack Deaver	St. Olaf	Sr.	Bend, Ore.	Summitt	2023 (HM) 2024
6	Gael Manzur Strandlund	St. Olaf	Sr.	Minneapolis, Minn.	Washburn	2023 (HM) 2024
7	Hootie Hage	Bethel	So.	Prior Lake, Minn.	Prior Lake	2024 (HM)
8	John Ihrke	Macalester	So.	Northbrook, Ill.	Glenbrook North	--
9	Eli Doran	St. Olaf	Sr.	Rosemount, Minn.	Rosemount	2024
10	Eamon Cavanaugh	Saint John's	Sr.	Oak Park, Ill.	Oak Park and River Forest	2022 (HM) 2024 (HM)
11	Cooper Gundersen	St. Olaf	So.	Stevens Point, Wis.	SPASH	--
12	Ignatius Fitzgerald	St. Olaf	Sr.	Missoula, Mont.	Hellgate	2024
13	Indy Lyness	Carleton	Sr.	Silver Spring, Md.	Montgomery Blair	2023
14	Connor Hitchcock	St. Olaf	Fy.	Sitka, Alaska	Sitka	--
15	Tyler Edwards	Macalester	Sr.	Beaverton, Ore.	Oregon Episcopal	2023 (HM) 2024

2025 MIAC Men's Cross Country Honorable Mention

Finish	Name	Institution	Class	Hometown	High School	Previous Honors
16	Will Janzen	Gustavus	Sr.	Minneapolis, Minn.	Roosevelt	2024 (HM)
17	Alex Bjork	St. Olaf	Jr.	St. Paul, Minn.	St. Anthony Village	2024 (HM)
18	Angelo Fiataruolo	St. Olaf	Sr.	Maple Grove, Minn.	Orono	--
19	Nick Brauer	Gustavus	Jr.	Mankato, Minn.	East	2023 (HM)
20	Tyler Goss	Concordia	Jr.	Devils Lake, N.D.	Devils Lake	--
21	Parker Max	St. Olaf	Sr.	Iowa City, Iowa	Iowa City	2024 (AC)
22	Roy Llewellyn	Carleton	Sr.	Downers Grove, Ill.	North	2022 (AC) 2023 (AC) 2024 (AC)
23	Evan Pouliot	Gustavus	Jr.	Circle Pines, Minn.	Centennial	--
24	Noah DuVivier	St. Olaf	Fy.	Portland, Ore.	Grant	--
25	Gus Schafer	Carleton	Fy.	Oakland, Calif.	Oakland Technical	--
